

Inspir

CARNEGIE HILL

MODERN SENIOR LIVING

Policy Number	CV-09		COVID-19 Visitation
Responsibility	Concierge Services Manager, General Manager, Sr. Director of Integrated Care		
Attached Documents	NYSDOH Health Advisory, Inspir Screening Tool		
Issue/QA Approval Date	3/9/2021		
Regulatory Reference(s)	Health Advisory: Revised Adult Care Facility Visitation 3.2.2021		

Policy

What is COVID-19?

The World Health Organization designated the disease COVID-19, which stands for coronavirus disease 2019. The virus that causes COVID-19 is designated severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Understanding of COVID-19 is evolving. Interim guidance has been issued by the World Health Organization (WHO) and by the United States Centers for Disease Control and Prevention (CDC).

Inspir will continue to follow and implement all guidance and recommendations of the Centers for Disease Control and Prevention (CDC) in addition to national, state, and local governing authorities on group programming. This visitation policy includes but is not limited to location of visits, temperature and screening protocols, visit length, number/age of visitors permitted at one time, PPE protocols (e.g. wearing of facemasks), frequency, how to schedule visits, the conditions under which the visitation procedures may be changed and how the facility will notify families/visitors, and any other special considerations (for example, food or gift delivery).

Flexibility & Discretion: This policy was developed according to but not limited to the following factors:

- Physical plant. Availability of sufficient space and configuration of the space.
- Staff availability for monitoring social distancing and supervising sanitation efforts.
- Compliance and use of PPE e.g.: face coverings
- Existence or lack of active COVID-19 in the building and county positivity rate
- Resident characteristics, both the resident population as a whole and for specific residents

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Purpose

1. This policy is used to reinforce existing protocols to reduce the risk of exposure to the COVID-19 virus in order to protect Inspir's residents and associates from exposure to the COVID-19 virus and reduce the community spread of the virus.

Procedure

Inspir Carnegie Hill will expand visitation and activities under this revised guidance from NYSDOH provided on March 3, 2021. Our community will accommodate and support indoor visitation, including visits for reasons beyond compassionate care situation, when COVID-19 countywide positive is less than 10%. The CMS COVID-19 county positivity rate link available at <https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg>. A visitor - refers to all non associates/non-essential health care providers, including hairstylists, educators, entertainers, volunteers, and must follow visitation policy as such.

All staff, residents, and, visitors must follow the core principles of infection control and prevention, under the following conditions:

- There has been no new onset of COVID-19 cases in the ACF's resident or staff last 14 days and the ACF is not currently conducting or having outbreak testing conducted by the local health department.
 - a. An outbreak is defined as any new onset resident or staff infection.
 - b. The NYS DOH reserves the right to verify such accuracy of reporting as part of its routine surveillance activities.

Visitor Expectations:

- The community will provide all visitors with an Inspir Fact Sheet that speaks to all visitation expectations.

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- Visitors must be able to adhere to Safer Together guidelines and Inspir staff are expected to provide regulatory required supervision and monitoring for all visitors, particularly those who may have difficulty adhering to guidelines, such as children.
- Any revisions to this policy will be widely communicated to residents, staff, and visitors that would limit the number of visitors per resident at any one time and limit the total number of visitors inside the community at any one time (based on size of building and physical space).
 - a. In an effort to accommodate visitation we reserve the right to request advance notice of visits for a specific length of time to ensure all eligible residents are able to receive visitors.
- We **request** that all-non-professional and non-vendor visits (i.e. family and friends) answer “yes” to one of the following three questions:
 - a. Have you tested positive in the last 90-days, and if so, are you 14 days from positive test or symptom onset?
 - b. Have you tested negative in the last 7 days?
 - c. Have you been fully vaccinated in the last 90-days?
Family/friend visitors who answer “no” to both questions will **not** be allowed to visit per state mandates.
It’s important to note that we **cannot** restrict family/friend visitation except where mandated by state authorities.
- Visitors under the age of 16 must be accompanied by an adult aged 18 years or older.

Safer Together Guidelines

Screening:

All visitors will be screened and temperature taken upon arrival.

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The visitor must follow all visitor protocols and if requested should be escorted by staff to designated visitation area or apartment until area is disinfected per protocol, screening is completed, and proper donning of PPE.

- Upon arrival of scheduled visit, visitors will be screened, and temperature taken. (See Exhibit: Inspir Screening Tool)
- Documentation of screening must be maintained onsite in an electronic format and available upon the Department of Health's request for purposes of inspection and potential contact tracing. Documentation must include the following for each visitor:
 - First and last name of the visitor;
 - Physical (street) address of the visitor;
 - Daytime and Evening telephone number;
 - Date and time of visit; and
 - Email address, if available.
- Visitor provided with face covering prior to staff escorting resident to visitation location.

If a visitor has symptoms or has tested positive for COVID-19, the visit should be rescheduled.

Current COVID-19 positive residents (whether new onset or persistently positive), residents with COVID-19 signs or symptoms, and residents in a 14-day quarantine or observation period remain ineligible for in-person visits. In these instances, every effort should be made to accommodate visits using electronic devices and alternative visitation techniques, including window visits.

Sanitizing Visitation Location: (Designated Areas)

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The setting will ensure the availability of a hand sanitizing station for use before and after the visit. Staff would maintain the station at the entrance of the visitation area as well as the screening log of all visitors. All residents will sanitize their hands prior to building re-entry.

Before and after visits the following general measures are recommended to reduce transmission of infection. Steps for cleaning and disinfecting all hard-non-porous surfaces:

1. Follow labeled instructions on FDA approved disinfectant. (See Infection Control Policies)
2. Clean surface with soap and water to remove all visible debris and stains.
3. Rinse surface with clean water and wipe with clean towel.
4. Apply the disinfectant. To effectively kill the virus, make sure the surface stays wet with the disinfectant for at least 10 minutes before wiping with a clean towel.
5. Rinse with water and allow surface to air dry. Rinsing the surface with water following use of a disinfectant.
6. Remove gloves and place in a trash bag and discard.
7. Wash hands.

Face Coverings:

Both residents and visitors will wear a surgical mask face covering for the duration of the visit.

If a resident is unable to wear a face covering, such as a Memory Care resident, the setting should take additional safety measures, which may include installing a plexiglass divider, increasing the social distance between resident and visitor, or other.

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Supervision & Monitoring:

At any one time the number of visitors will not exceed the number of persons we are safely able to staff for monitoring and supervision.

Staff will provide oversight as needed, ensuring visitors' temperatures, screening and contact information are taken and will ensure hand sanitization and compliance with facemasks. Staff will oversee any required cleaning and disinfecting of visitor areas, ensure residents' hands are sanitized prior to building re-entry and promote social activity.

Indoor Visitation:

- The private dining room is the community designated space for indoor visitation (located on the first floor). This space(s) is to be used for visitation and can allow up to (4) visitors maximum due to safely socially distancing.
- Visitation is permitted in apartments
 - i. Number of visitors in the building is based on a variety of factors including but not limited to county positivity rates, staffing levels, and ability for staff manage visitation at any point in time.

Outdoor Visitation:

- Outdoor visits pose a lower risk of transmission due to increased space and airflow. Therefore, all visits should be held outdoors whenever practicable. Aside from weather considerations (i.e., inclement weather, excessively hot or cold temperatures, poor air quality), an individual resident's health status, or based on community outbreak status, outdoor visitation should be

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facilitated routinely.

- a. The community has designated the outdoor courtyard space (located on the 2nd floor) and is accessible and safe for outdoor visitation.
- b. This space(s) is to be used for visitation and can allow up to (4) visitors maximum due to safely socially distancing. Visitors should follow and support the infection control preventative measures, such as mask wearing and social distancing.
- d. Visitation in this designated outdoor space is based upon availability and all reasonable requests will be accommodated. In an effort to accommodate visitation we reserve the right to request advance notice of visits for a specific length of time to ensure all eligible residents are able to receive visitors.

Compassionate Care Visits:

- Compassionate Care Visits are permitted when visitation may not otherwise be permitted in accordance with the NYS DOH visitation guidance. Compassionate Care Visits will include:
- Newly admitted residents with difficulty adjusting to the community environment and lack of in person family support.
- Residents recently grieving the loss of a friend or loved one
- Residents who previously received in person support/cueing from family for eating, drinking, and now experiencing dehydration and or weight loss.
- Residents who are exhibiting signs and symptoms of emotional distress including but not limited to: seldomly speaking or crying more frequently, refusing to participate in activities, staying in bed longer than usual, and exhibiting behavior considered abnormal for the individual.

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- Residents who receive religious or spiritual support from clergy or another layperson.

Approved By (print name and title): _____

Signature: _____ Date _____

Reviewed Revised Date _____ Signature _____

Reviewed Revised Date _____ Signature _____